

BEST RAW FEEDING INGREDIENTS FOR DOGS

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Feeding dogs a raw diet, often referred to as BARF (Biologically Appropriate Raw Food), can be beneficial if done correctly. The key is to ensure a balanced diet that includes all necessary nutrients. Here are some of the best ingredients for a raw diet for dogs:



1. Meat

Lean Muscle Meat low in fat or trimmed: Chicken, kangaroo, turkey, beef, lamb, pork, heart, giblets and rabbit. These should make up the bulk of the diet and best ground or diced for easy digestion.

Organ Meat: Liver (too much liver can be bad), kidneys, and spleen are rich in essential vitamins and minerals - use in moderation. Raw meats can be dehydrated locking in nutrients making great meal toppers or treats.

2. Bones (NOT COOKED)-Raw Meaty Bones (RMBs): Chicken wings, necks, frames – **(Best Option:** Frames from young chickens, such as broiler chickens, have softer, more pliable bones that are easier and safer for dogs to chew and digest. **Avoid:** Older or fully mature chicken frames, as their bones are denser and harder, increasing the risk of splintering, which can cause injuries such as mouth wounds, choking, or gastrointestinal blockages), thighs, beef ribs, lamb bones. These provide calcium and other minerals as well as help maintain dental health.
-Recreational Bones: Large bones for chewing, such meaty bones containing a good amount of meat, are good for dental health and mental stimulation but should not be a significant part of the diet.

"Tibetan Mastiffs are known for their strong bite force. Please be careful when giving them any types of fresh bones and hard toys, as they have been known cracking a tooth or two."

3. Seafood

-Fish: Salmon, Tuna, sardines, shark cartilage, mackerel (preferably wild-caught). These are excellent sources of omega-3 fatty acids.

-Shellfish: Green-lipped mussels can provide additional nutrients. If using Tined variant please select in SPRING WATER and Low Sodium options.

4. Vegetables

-Leafy Greens: Spinach, kale, and Swiss chard.

-Other Vegetables: Carrots, broccoli, green beans, celery, cauliflower, sweet potato asparagus, brussels sprouts, cucumber, beetroot and zucchini.

- Vegetables should be finely chopped or pureed to aid digestion.

5. Fruits

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- Berries: Blueberries, strawberries, cranberries, goji berries and raspberries.
- Other Fruits: Apples, pears, prunes, mango, peaches (without seeds), kiwi, bananas and watermelon (in moderation). Tip: fruits can also be dehydrated and frozen.

6. Eggs

- Raw eggs, including the shell, are an excellent source of protein and calcium.

7. Dairy

- Plain Yogurt and Cottage Cheese low in salt and sugar: Good sources of probiotics and calcium. Use in moderation and ensure dogs are not lactose intolerant.

8. Grains: Quinoa, barley, oats, brown rice and ground flaxseed.

9. Supplements

- Fish Oil: For additional omega-3 fatty acids.
- Probiotics: To aid digestion and support gut health.
- Multivitamins: Ensure they are specifically formulated for dogs to provide balanced nutrition.

10. Additional supplements

- Spirulina, turmeric, flaxseed oil, hemp oil, wheat germ oil, cod liver oil, omega oil and chia seeds.

Tips for Raw Feeding:

1. Balance: Ensure a balance of meat, organs, and bones. A typical ratio might be 80% muscle meat, 10% organ meat, and 10% bone.
2. Variety: Rotate different protein sources to ensure a wide range of nutrients.
3. Safety: Handle raw food safely to prevent contamination. Use fresh ingredients and store them properly.
4. Supervision: Always supervise dogs when they are eating bones to prevent choking or injury.
5. Consultation: Work with a veterinarian or a pet nutritionist to ensure your dog's diet is nutritionally complete and tailored to their specific needs.

By incorporating these ingredients into a raw feeding plan, you can provide your dog with a diet that closely mimics what their ancestors ate in the wild, potentially leading to improved health and vitality. TIBETANMASTIFFS.AU